



THE BHARAT
SCOUTS AND GUIDES



Government of India
Ministry of Youth Affairs and Sports

FIT
INDIA



Freedom from
Lethargy to a
positive lifestyle!

THE BHARAT SCOUTS AND GUIDES

North East Region



PRAGJYOTIKA

Scouting for all

August-2020

Vol:- XVIII

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Regional Level Events

VIRTUAL MEET OF SCOUTERS AND GUIDERS – N E REGION

A Virtual Meet of the Scouters and Guiders organized by the North East Regional Headquarters of the Bharat Scouts and Guides on 28th & 29th July through Zoom Webinar for the first time. 400+ Unit Leaders and Trainers registered for the event through online. The Webinar was inaugurated by Shri P S Singh, MLA, Govt. of Manipur at 10:00 hrs on 28th July 2020. The purpose of the Meet to encourage the Scouters and Guiders to deliver more activities to the Scouts and Guides digitally.

Various topics like Fundamental of BSG, What is Scouting & Guiding, Scouting & Guiding in pandemic situation like as Covid-19, OYMS (Online Youth



Membership System), Advancement of the Unit Leaders, WOSM & WAGGS, Scouts and Guides Welfare Fund etc. discussed by Guest Speakers Amelia Swer, International Commissioner (G), BSG-India & State Secretary, Meghalaya, Madhushudhan A S, Dy. International Commissioner (S), BSG-India and WOSM Consultant, Darshana Pawaskar, Jt. Director (SS), M N



Machamma, Dy. Director (G) Leader Training, S S



Ray, Assistant Director, NAI-Pachmarhi, Arunima Devi, LT/G & State Training Commissioner (G), Assam etc.

Dr. H P Chhetri, Chief Commissioner (S), BSG-India and State Chief Commissioner, Sikkim blessed the participants on day-1. Shri R. K. Kaushik, Director, BSG and Shri Krishnaswamy R, Executive Director, BSG also speaks to the attendees and viewers to motivate them to be active to their members through online during this pandemic situation.



Mrs. Bijaya Deka, Lecturer of Jawaharlal Nehru College, Boko (Kamrup), Assam virtually recognized for the Gold Members of Scout Guide Welfare Fund. Shri Analendra Sarma, Assistant Director inform the participants about the upcoming virtual events at Regional and National Level and also motivate Unit Leaders to come with proper planning to deliver Scouting-Guiding Activities through online so that young members can be benefited though Scouting education during this crisis period. Also, express thank to all the guest, Resource Speakers and IT Team and Regional Staff and specially core team members who are working hard to make the event success. Shri Heramani Singh, State Secretary, Manipur and Shri Papan Saha, ASTC/S, Tripura were the host and co-host of the event. Shri Pankaj Kumar Mahanta, N F Railway and Ms. Swarnali Singha, Tripura led the whole programme.



Regional Level Photo Contest for Cub Bulbuls

Congratulation



1st :- K. Lalhriathluii, Aizawl, Mizoram. (Bulbul)



**1st :- Miss Asshi Mena,
Lower Dibang Valley,
Arunachal Pradesh**



**2nd :- KL. Tipu Singh,
Imphal West, Manipur**



**2nd :- Easter Vanlalfelei,
Serchhip, Mizoram**



**3rd :- Ananya Kumari,
New Bongaigaon , N.**



**3rd :- Lovika Cho-
phy, Dimapur, Na-**

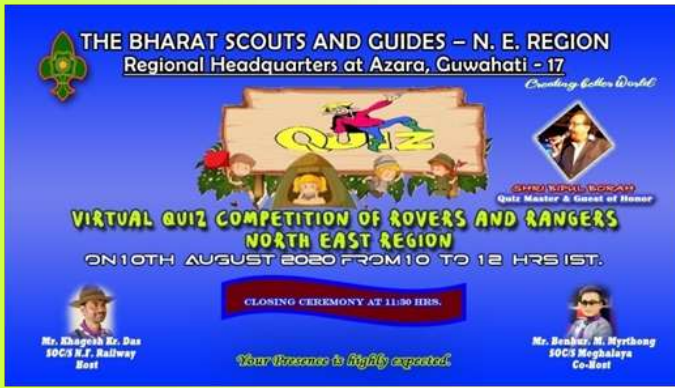


**3rd :- Triparna
Kalita, Kamrup**

During this pandemic situation due to Covid-19, all the Schools- Colleges are closed. The children as well as the youths are bound to stay at home, not able to move any where and connected only via online media. Our Scouts and Guides, Cubs and Bulbuls are facing the same situation. To motivate the little Cubs and Bulbuls and make them engage in to some good turns, an initiation was taken from the end of the N. E. Regional Headquarters of Bharat Scouts and

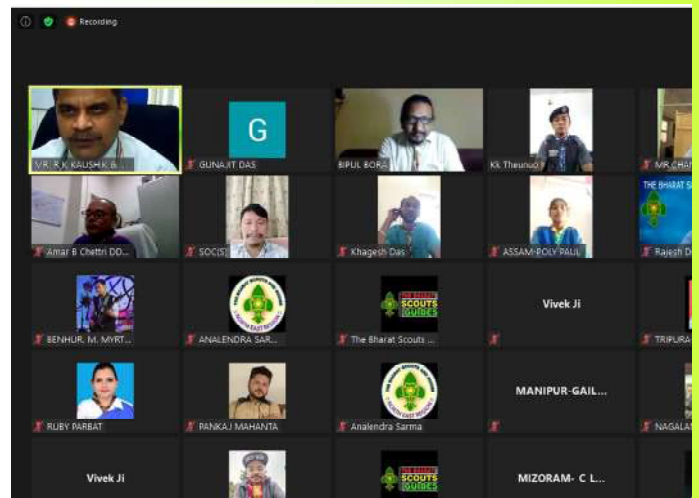
Guides. A Regional Level Photo Contest was organized among the Cubs and Bulbuls of N. E. Region. The Cubs and Bulbuls were requested to send their photos about the best moment they have spent during this Lockdown period. They were motivated to do good turns within the home. We have received 45 entries from the all states. Best 7 photos are selected and present before you. We are thankful to parents and Unit leaders for their support.

Regional Level Virtual Quiz Competition for Rovers and Rangers, N.E.R



Shri Bipul Kumar Borah - Renowned Artist and Quiz Master from Guwahati, Assam who have contribution as Radio, Durdarsan, Stage artist and many more was present as the Chief Guest and he conducted Quiz with enjoyable way which will like by one and all. Mizoram and N F Railway able to achieved the top score. Shri Chandrajit Saikia, Chairman, RRB, Guwahati and SCC, N F Railway and Shri R K Kaushik, Director, BSG, Shri Amar B Chettri, Dy. Director (Boy Programme, NHQ was grace the occasion.

Virtual Quiz Competition of Rovers and Rangers organized on 10th August 2020 from 10:00 to 12:00 hrs in which 24 participants from all the 09 regional states has taken part. Out of the 24 Rovers and Rangers 09 Rovers and Rangers has selected to represent their states through a knock out round. The Competition was held mainly in 03 topics – Scouting/Guiding, Gandhi-150 and General Knowledge. All the Rovers, Rangers trying to show their talent though quiz.



Regional Level Virtual Story Telling Competition for Cubs and Bulbuls, NER

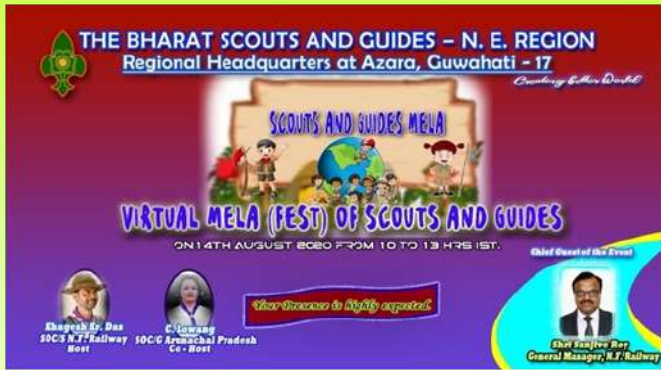


Director, BSG and Shri Krishnaswamy R, Executive Director, BSG also motivated the young Cubs and Bulbuls and their parents and Unit Leaders by grace the occasion. Shri Biswajit Dey, ALT (C) from N F Railway, Ms. Zodinpuui, HWB (B) from Mizoram and Mrs. Niju Rabha Gogoi, ALT (G) from Assam were acted as the judge for the competition. On day 2 children celebrate Janmastami and presented colourful stories in colourful dress. Shri Auto Mezbur, State Chief Commissioner of Nagaland was grace the event and bless the young Cubs and Bulbuls to progress in the future life.

Story is favorite by all and specially by the children and a virtual story telling completion organized for the Cubs and Bulbuls. 36 Cubs and Bulbuls took part from Arunachal Pradesh, Assam, Manipur, Mizoram, N F Railway. Shri S S Ray, Assistant Director, NAI and Senior Leader Trainer (Cub) inaugurated the event on 11th August 2020 and on 12th August Ms. M N Machamma, Dy. Director (G) Ldr. Trg. And senior Leader Trainer (Bulbul) was present to boost the young people by her speech. Shri R K Kaushik,



Regional Level Virtual Scouts and Guides, Mela, N.E.R



State Secretary Meghalaya, Shri Chandrajit Saikia, Chairman, RRB, Guwahati and SCC, N F Railway, Shri R K Kaushik, Director, BSG and Shri Krishnaswamy R, Executive Director, BSG and other guest of honour were present to boost the morale of

A n Unique programme organized by the Regional Headquarters where out of nine states except Mizoram, 08 states has participated and present their culture and heritage along with scouting/guiding skill through different activities like Flock Dance, Song, Exhibition, Patriotic dance and Song etc. The Mela (fest) was inaugurated by Shri Sanjive Roy, General Manger, N F Railway in presence of other dignitaries from National Headquarters and all the Regional States. It was a very good exposure for the North Eastern States. Also, the Scouts and Guides celebrate 74th Independence day during the programme. Mrs. Amelia Swer, International Commissioner (G) and



the Scouts and Guides. One Song in all the Regional Languages sang by the Scouts and Guides of the Regional States in the last programme which shows the National Integrity. country.



Activities Undertaken at States

Assam



The World Scouts' biggest religious activity against Covid 19!!

Scout Voice 24+



Done successfully By Guide news reporter Mukta Das - Assam - India

Guide Captain of Assam State Association Bharat Scouts and Guides creating Awareness on COVID-19



The Rhino Riders Group of the Bharat Scouts and Guides, Assam State and South point School Guwahati, gave their services in Assam flood and distributed 800 food packets among needy family at the flood affected area.



Scouts and Guides of Manipur State Association are working in the Plastic Tide Turner Challenge of Bishenpur District and distributing paper bags at shops and medicine stores in Bishenpur Bazar.

Manipur



Langjing unit of Manipur State Bharat Scouts and Guides have organised Dwitiya sopan testing camp at Langol Donbosco School for the Scouts and Guides.



Manipur State Bharat Scouts and Guides SOC (G) Ksh. Phantom Chanu and Guide Captain O. Sanahanbi and Rangers preparing masks for the distribution of needy people.

Arunachal Pradesh



GUPS-II Unit of Changlang P.W.D complex n dipar of The Bharat Scouts and Guides Arunachal Pradesh have distributed mask to the needy people in their locality.

Unit Leader of Arunachal Pradesh Bharat Scouts and Guides State Association motivated, Public specially young Member of Bharat Scouts and Guides to maintained physical fitness by practising Yoga from home.

Tripura



The members of Tripura State Bharat Scouts and Guides are performing their duties at the help desks, sanitizing the public places and every where their services are needed. They are providing their services as the front liners.

Mizoram



The Bharat Scouts and Guides Mizoram State Association District Commissioner of Serchip District handed over to 100 nos. Of Mask to Deputy commissioner chief district Mizoram and State Secretary Mizoram handed over to 50 nos. Of Mask to the Excise and Narcotic Department Aizwal.

Sikkim



The Sikkim State Bharat Scouts and Guides, organized a State Level Virtual Singing Competition to motivate the members of Scouts and Guides.



N.F. Railway



In this pandemic situation, as it is not possible to organize mass gathering like camp, Rally and Physical classes etc. The N.F. Railway Bharat Scouts and started virtual classes for every section in all the respective districts, with the motive to engage the Cub-Bulbuls, Scouts—Guides and Rovers— Rangers digitally.

Moreover they have conducted online Drawing Completions also.

Activities Undertaken at States

Nagaland



Kohima District of Bharat Scouts and Guides , Nagaland State distributed masks to public on 13th July, 2020.

The Nagaland State Bharat Scouts and Guides organized competitions in the Lockdown Challenge under the Theme “Exploring Skills among the Scouts and Guides .



Please send your answers with recent passport size photograph by Email. The name of the winner will be published in our next Issue. Let's make some fun from it and test your skills and spread knowledge.

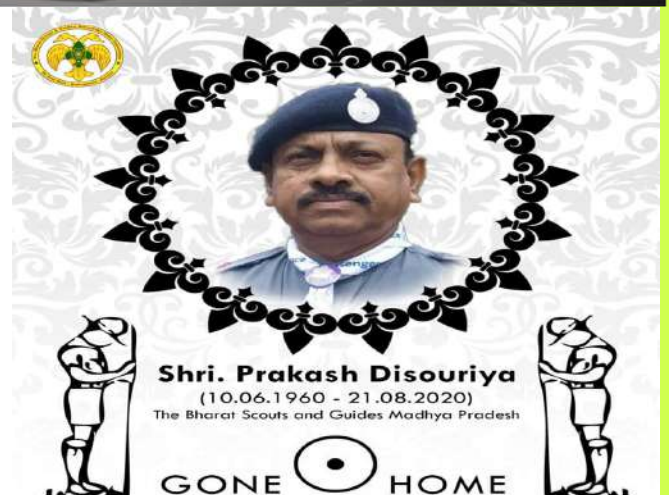
1. What is the name of the Boys Cadet? Who got a medal of the end of the War?
2. When & where POSTAL stumps were used with picture of a cadet bicycle orderly?
3. What is the Wood Craft?
4. What was the name of the old women in Elsdon Murder?
5. To join a scout troop from whom written permission is necessary?
6. When the Scout sign is given?
7. At what distance eye of a man appears as dots?
8. Which star of little Bear is Pole Star?
9. Which of the Six Exercises is good for stomach?
10. When you receive any kindness from any body what you will give in return?

ANSWERS OF QUIZ (9)

1. Cleeping hands mean, you are knit together with friends.
2. Exercise no-05 .
3. The Duke of wellington.
4. A fellow who goes on a long walking trip for the first time is called Tender foot.
5. Aids to Scouting.
6. By working together they can carry their heaviest load.
7. Good luck and good camping go with you.
8. The wolf that never sleeps.
9. By giving out happiness to other people.
10. Kimball O Hara.

OBITUARY

The Bharat Scouts and Guides lost a sincere, dedicated and loyal Scout Leader and a trainer. No words today for such untimely demise of our great leader. Our deepest condolences to the members of the briefed family. May his eternal soul rest in peace

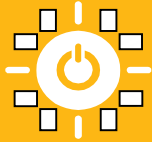




SUSTAINABLE DEVELOPMENT GOALS

17 GOALS TO TRANSFORM OUR WORLD

7 AFFORDABLE



Contd. from the previous issue ...

SDG 7: Affordable and Clean energy:- To ensure access to affordable, reliable, sustainable and modern energy for all.

Why?

A well-established energy system supports all sectors: from businesses, medicine and education to agriculture, infrastructure, communications and high-technology.

Access to electricity in poorer countries has begun to accelerate, energy efficiency continues to improve, and renewable energy is making impressive gains. Never the less, more focused attention is needed to improve access to clean and safe cooking fuels and technologies for 3 billion people.

I have access to electricity. Why should I care about this goal?

For many decades, fossil fuels such as coal, oil or gas have been major sources of electricity production, but burning carbon fuels produces large amounts of greenhouse gases which cause climate change and have harmful impacts on people's well-being and the environment. This affects everyone, not just a few. Moreover, global electricity use is rising rapidly. In a nutshell, without a stable electricity supply, countries will not be able to power their economies.

How many people are living without electricity?

Nearly 9 out of 10 people

now have access to electricity, but reaching the unserved will require increased efforts. In sub-Saharan Africa, an estimated 573 million people still lacked access to electricity. Without electricity, women and girls have to spend hours fetching water, clinics cannot store vaccines for children, many school children cannot do homework at night, and people cannot run competitive businesses.

The health and well-being of some 3 billion people are adversely impacted by the lack of clean cooking fuels, such as wood, charcoal, dung and coal, which causes indoor air pollution.

What would it cost to switch to more sustainable energy?

The world needs to triple its investment in sustainable energy infrastructure per year, from around \$400 billion now to \$1.25 trillion by 2030. Regions with the greatest energy deficits—sub-Saharan Africa and South Asia—need our help to improve energy access. That includes pushing harder to find clean, efficient, and affordable alternatives to health-damaging cook stoves.

Countries can accelerate the transition to an affordable, reliable, and sustainable energy system by investing in renewable energy resources, prioritizing energy efficient practices, and adopting clean energy technologies and infrastructure. Businesses can maintain and protect ecosystems to be able to use and further develop hydropower sources of electricity and bio energy, and commit to sourcing 100% of operational electricity needs from renewablesources.

Employers can reduce the internal demand for transport by prioritizing telecommunications and incentivize less energy intensive modes such as train travel over auto and air travel. Investors can invest more in sustainable energy services, bringing new technologies to the market quickly from a diverse supplier base.

You can save electricity by plugging appliances into a power strip and turning them off completely when not in use, including your computer. You can also bike, walk or take public transport to reduce carbon emissions.

To be continued.....

What can we do to fix these issues?

Your Kind attention is requested to the NHQ Circulars-

1. Lakshmi Mazumder Award— NHQ Circular No. 96 Dtd. 24.07.2020 [Click Here](#)
2. Prime Minister Shield Competition & Upa-Rashtrapati Award:- NHQ Circular No. 105 Dtd. 05.08.2020 [Click Here](#)
3. Fit India Hit India Activity Pack under Fit India :- NHQ Circular No. 116 Dtd. 21.08.2020 [Click Here](#)
4. International Day of Peace :- NHQ Circular No. 108 Dtd. 10.08.2020 [Click Here](#)

International Day of Peace :-

The International Day of Peace is observed around the world every 21st of September. The United Nations declared this day devoted to strengthening the ideals of peace through observing 24 hours of nonviolence and ceasefire, both within and among all nations. The World Scout Bureau, Asia-Pacific Region, under the umbrella of Messengers of Peace Programme, has taken this initiative for six years to encourage and inspire young people and leaders to make this day a commitment day for year-round peace actions. In the previous years, numerous activities are held in celebration of this day where State Association engaged thousands of young people in undertaking peace actions. This year's theme as announced by the United Nations is "**Shaping Peace Together**" celebrating the day by spreading compassion, kindness, and hope in the face of the pandemic. This year has brought the nations together, in combating common enemy the tireless virus that had threatened our health, security and the very way of life. The COVID-19 has thrown our world turmoil and forcibly reminded us that what happens in one part of the planet can impart people everywhere.



This is the Bharat Scouts and Guides has planned to observe the day with an action period from 1st to 30th September, 2020. Please be active and take part on the celebration for creating a better World.

Story Telling Competition organized virtually. Result of the Story Telling Competition as follows:

- FIRST –**
1. SIMANTA SARMA, N F RAILWAY (CUB)
 2. BIDISHA GOGOI, ASSAM (BULBUL).
- SECOND -**
1. GABRIEL LALROPUA, MIZORAM(CUB).
 2. PROGGYA SONOWAL, ASSAM (BULBUL)
- THIRD -**
1. F. LALRINHLUI, MIZORAM(CUB).
 2. RIMPA GHOSH, N. F. RLY. (BULBUL)
 3. PEDAIAS LAISHRAM, MANIPUR (CUB)

Congratulation





The Fit India Movement is a movement to take the nation on a path of fitness and wellness. It provides a unique and exciting opportunity to work towards a healthier India. As part of the movement, individuals and organizations can undertake various efforts for their own health and well-being as well as for the health and well-being of fellow Indians. Our hon'ble PM Shri Narendra Modi launched Fit India Movement on 29th August, 2019.



With the motto "RUNNING: The human body's most raw form of FREEDOM", Fit India Movement is conducting Fit

India Freedom Run from 15th August – 2nd October 2020 to encourage fitness and help all citizens to get freedom from obesity, laziness, stress, anxiety, diseases etc. The concept behind this run is that "It can be run

anywhere, anytime!" Participants Run a route of their choice, at a time that suits them; Break-up your runs; Run their own race at their own pace; Track kms manually or by using any tracking app or GPS watch; Post their pictures on their social media with #Run4India.

The Bharat Scouts and Guides support the Nobel cause, taken by the MOYAS and put all the efforts to make it happen among the citizens of India through our more than 6 million members. Our Members are encouraging common citizen to join the movement through door to door campaigns, organizing Yoga Camp, Hike maintaining social distance and other guidelines for covid-19.

The Bharat Scouts and Guides, National Headquarters come up a numbers of activities Physical, Virtual and Awareness campaign etc. (Circular Number 116 dated 21.08.2020) for its member so that the project of government will be grand success to reach every citizen of the Nation. Our humble appeal to all the readers of Prajyotika to join in the activity Packs of BSG or the Government of India, MOYAS to make our nation a healthy, happy citizen.



A special Issue in connection with the Fit India movement is enclosed

[Please Click here](#)

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